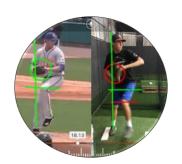


8 WEEK TRAINING FOR INCOMING 9TH - 12TH ATHLETES



Video Motion Analysis



ACL, Ankle, & Shoulder Prehab



Position Specific Velocity Training



Movement Preparation

Location

Italy HS Baseball Field

Cost

\$200 / Athlete (Payment Plan Option)

Dates

June 10th – August 8th

Times

Mondays 12:00pm – 1:30pm

REGISTER AT ATLETSPORTS.COM/CAMPS "ITALY HS BASEBALL / SOFTBALL ATHLETICS '19"

Email info@atletsports.com for any questions